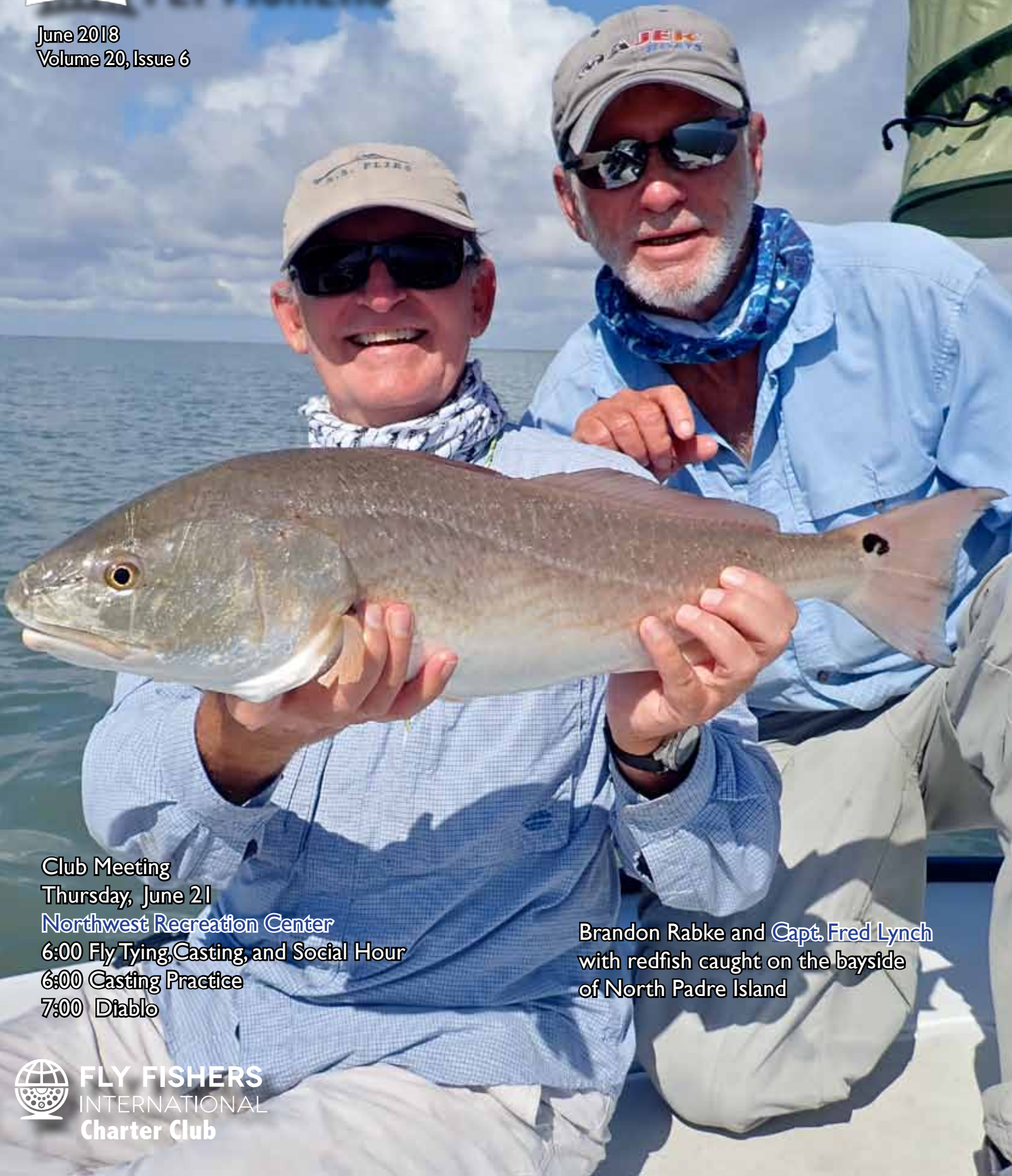




AUSTIN FLY FISHERS

June 2018
Volume 20, Issue 6



Club Meeting
Thursday, June 21
Northwest Recreation Center
6:00 Fly Tying, Casting, and Social Hour
6:00 Casting Practice
7:00 Diablo

Brandon Rabke and Capt. Fred Lynch
with redfish caught on the bayside
of North Padre Island



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SKIFF

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To contact officers:

Info@AustinFlyFishers.com

Last As summer sets in the temperatures outside inevitably begin to rise. It soon will hit triple digits and that combined with high humidity can make it feel like you are walking into an oven when you step outside your front door. But don't let it stop you from the angling endeavors that you so desperately seek. You can still get out on the water and fish your favorite spots but you just need to prepare ahead of time to beat the heat as you leave behind the frigid air conditioning that we Texans have come to know and love.

First and foremost hydration should be your number one priority. Please take plenty of water to help keep your body hydrated. It is recommended that you drink a half liter of water per hour of moderate activity in moderate temperatures. So as the mercury rises in the thermometer you will want to increase this amount. Instead of waiting until you are thirsty and chugging your water you should drink smaller amounts throughout your time angling. Early signs of dehydration include thirst, dry mouth and a decrease in energy while more serious symptoms include headaches, cramps and nausea. If you plan on being out on the water for more than a couple of hours you should also bring a sports drink to replace lost electrolytes that your body sweats out and carbohydrates that you consume as you expend all that energy hauling in that 8 pound bass on the lake or fighting that 25 inch redfish at the coast.

Next you will want to ensure that as you pursue those finned adversaries you protect your body from the sun. Not only can the sun increase your chance of dehydration it can cause a painful sunburn and even more dangerously lead to a heatstroke brought about by excessive exposure to the sun. I personally always wear a hat while I'm out on the water to protect my head, neck and face combined with a Buff or facemask if I'm on the water for an extended period of time. I also always wear polarized sunglasses which will reduce eye strain and the reflected glare off the water and have the added advantage of helping you spot more fish under the surface. I also prefer to wear light long pants and a long sleeve fishing shirt to keep the sun at bay. If you opt for shorts and a short sleeve shirt that is okay just make sure that you lather up with sunscreen and remember to reapply often.

Lastly take a break when you're out there on the water. Don't grind it out for six or eight hours at a time. Pack a lunch and some healthy snacks while you fish and make time to eat and build up your energy. If your wading or kayaking then find some shade every couple of hours and just rest and reminisce about all those big fish that you managed to catch earlier in the day. Fishing shouldn't be looked at as if it were a race but a nice stroll where you enjoy your surroundings as you search for game. Take time to enjoy that Great Blue Heron off the bow of your boat searching the shallow waters for small fish and crabs or sit back and smile as you observe a river otter slide down a steep bank into the water face first. Experience all that Mother Nature has to share with you and think of these moments as part of your daily catch.

Remember don't let the hot summer months stop you from enjoying your fishing hobby. Be smart and safe on the water and you will be just fine. Remember after your outing comes to an end just think about how great that cold A/C will feel back at home.

Financial Report

by Jim Robinson

5/1/2018 - 5/31/2018

Begin Bal. Checking \$12,303.31
Income:

Merchandise	\$5.00
Dues AFF FFI	<u>\$72.42</u>
Total Income	\$77.45

Disbursements:

Simms (hats)	<u>\$431.04</u>
Total Disbursements	\$431.04

Net	(\$353.59)
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Unencumbered:	\$5,640.00
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Encumbered Funds:

Casting for Recovery	\$00.00
SKIFF	\$6,309.72

Ending Bal-Checking	\$11,949.72
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June Presentation by Adam Marton

Fieldworkers Club founder Adam Marton will be speaking at the June 21st meeting of the Austin Fly Fishers. This is an opportunity learn about The Fieldworkers Club's partnership between anglers and scientists of the University of Miami and our 2019 Tarpon Tagging Expeditions to Cuba and Belize. Learn about how you can participate in a once in a lifetime experience that includes world-class fishing, scientific fieldwork and educational fishing seminars.

Adam Marton founded the Fieldworkers Club in 2010 after seeing with his own eyes the decline in the recreational fisheries resources he grew to love. The Fieldworkers Club leads scientific fly fishing expeditions with a mission. We assist scientists and resource managers in their efforts to conduct recreational fisheries field research projects in lakes, rivers and oceans around the world. We harness the power of the angling community and couple it with the scientific community. Marton is an ardent fly angler from the Chicago area who spends more than 100 days on the water annually he is not a guide or outfitter. He is a member of several fly fishing clubs and has traveled extensively with a fly rod in the suitcase. Marton is an equal opportunity fly angler but definitely has interest in steelhead, tarpon and permit...



Buda Kid Fish 2018

Dave Hill and Brandon Rabke volunteered for this year's Buda Kid Fish. The event took place at Bradfield Village Park, Buda, from 8am-1pm on Saturday, June 9. The City of Buda Parks & Rec & TPWD Angler Ed sponsored the event. Dave and Brandon split the duty of teaching the kids the basics of fly casting. At their station they taught participants to cast with yarn rods, and then we sent the "graduates" to the next station where they could practice with real fly rods.



Fishing North Padre

by Nils Pearson and Brandon Rabke

On Friday of the second week in May, I got a call from **Captain Fred Lynch**. He told me that he was seeing pods of redfish were gorging on shrimp in the Laguna Madre below Baffin Bay. From what he could tell, the weather forecast for the coming Wednesday and Thursday looked perfect for going after those bad-boys and that I needed get on down there. After getting a thumbs up from my wife, I told Capt. Fred that I was in. Next, I made a call to Brandon Rabke to see whether he was available to head to North Padre on Tuesday. As it happened, he was just finishing up a 10 day fishing trip to northern New Mexico and southern Colorado. Brandon told me that he would get home by Monday and be ready to head south on Tuesday morning. Yes, without a day's rest, Brandon would switch from the pursuing trout to chasing redfish.

Tuesday morning I drove over to Brandon's house. We loaded his Tarpon 160 onto my 4Runner and headed south stopping at a storage facility in Flour Bluff to get his fifty-year-old Toyota FJ cruiser. He started up his classic vehicle that was already topped with his Eddyline kayak and rod holder and both vehicles headed over to La Quinta. After unloading most of our stuff in the room, we assembled our rods and drove over to Shamrock Cove to do some afternoon fishing. With the wind blowing in the teens, we paddled along the lee-side of the mangrove islands attempting to stay out of the stiff breeze as much as possible while searching for reds.

After paddling around for a couple of hours, seeing a couple of reds but landing none, we found a good hard bottom on the leeside of some mangroves that led directly to our take-out point. Tethering our kayaks to our waists we started wading. Walking on the outside, Brandon noticed a pretty good-sized tail and began to pursue a black drum. I was walking closer to shore. Brandon mentioned that I should look at the water in front of me carefully because reds are often found near black drum. Was he ever right! As I walked



Fishing North Padre cont.

forward, I saw a dark shape about 20 feet in front of me moving slowly away from the mangroves. I gently dropped a mantis-shrimp fly 5 feet in front of his path. As the red approached the fly, I gave it a couple of twitches and the red was hooked up. After landing my fish and taking a couple of photos, I joined back up with Brandon. He was still working on the black drum. After a couple of casts, he also hooked up.

By the time we landed our fish, the sun was about to set and we headed over to our hotel. On the way there, we stopped at the Padre Island Burger Company for a remarkably good hamburger. A table was available directly in front of a TV and we watched the Rockets and Golden State game as we ate. Upon returning to our room, I took a quick shower and headed to bed. I remember attempting to watch the end of the Rockets game with one eye open but was overtaken with sleep almost immediately. The alarm rang at 4:30 am and it was time to get up. Before going to bed, I had rigged up a 7wt and 8wt rod for the day's fishing. No sooner were dressed and out of our hotel room then Capt. Fred showed up brimming with enthusiasm. We shook hands and talked about the prospects for our day. Spirits were high, and the terrific coffee that Capt. Fred brought and poured from a thermos helped get our motors running. As we sipped the hot brew on our trip over to the launch site at Bird Island in Padre Island National Seashore, I could feel my anticipation building.

By launching in the dark around 5:30 am, we were able to get to our fishing spot just as the sun was



Fishing North Padre cont.



rising. As the light increased, we could see small groups of seagulls take to the air in search of reds. Before long, the gulls were hovering over patches of nervous water and swooping downward and picking off shrimp churned up by the foraging reds. As Capt. Fred poled us closer, we could see the tails of our prey glistening in the early morning light. Casting our flies just below the birds we began to hook up reds. As we traveled from pod to pod, Capt. Fred set his sights on a school of reds a couple hundred yards in front of us. As he poled us toward this group, it became clear that they were moving away from us. Not to be bested by a school of reds, Capt. Fred picked up the pace of his poling and was determined to catch up. I don't know how he kept up this pace for the next couple of miles, but we did catch up to the pod, passed it, and he set up Brandon for a good position to cast. Bingo, Brandon hooked up.

Catching redfish is always fun. But on this trip, the sights of large groups of reds churning up shrimp was so beautiful that at times I became more focused on shooting pictures than casting. Indeed, we were very fortunate to have been in the right place at the right time thanks to my good friend Capt. Fred Lynch. Because of his phone call alerting us to podding reds, we were able to chase groups of redfish foraging in a shallow estuary largely untouched by man.



SKIFF in the news

The following is a short excerpt from a recent article on our SKIFF program. To read the entire article click on this link to the [Killeen Daily News](#).

Established in 2009, the Soldiers' Kids Involved in Fishing Fun (SKIFF) program now enters its ninth season providing free, professionally guided fishing trips, by boat, to soldiers' kids separated from their parents by military duty obligations such as deployment, gunnery, National Training Center or Joint Readiness Training Center rotations, military schooling, temporary duty assignments and the like.

To date, SKIFF has placed 407 children, most from Fort Hood, on the waters of Stillhouse Hollow Lake and Belton Lake. Those children have landed 10,058 fish, an average of just over 24 fish per child.

SKIFF's most recent trip recipients were Adalyn and Maryn Readout of Harker Heights, ages 8 and 4, respectively. Accompanied by their mother, Stacey Readout, the girls arrived at the courtesy dock at 6:30 Wednesday morning at Stillhouse Hollow.

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Special Sections

FEATURED TOP STORY

BOB MAINDELLE: Free fishing trips available for kids with parents in military

By Bob Maindelle | For the Herald Jun 9, 2018 0

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The Fly Tyer's Corner by Jeff Hoelter

Dyret

The Dyret is a pattern that comes to us from Gunnar Bingen of Norway. Translated to English, Dyret means "Beast" or "Animal". Because it floats so well, I've also heard this fly referred to as the Fast Water Caddis. This fly, while intended for trout and grayling, also works well in our waters for bass and sunfish. It can be fished with a slow retrieve, skated quickly, or with a dead drift. Try pitching it near the bank or under the shade of

a tree. A touch of dry fly floatant will keep this fly buoyant for a long time.

Materials:

Hook: Standard dry fly hook such as TMC 100 or Gamakatsu S10, size 12-14

Thread: UTC 70 or 140

Head, Tail, Underbody: Deer Hair

Hackle: Good quality dry fly hackle

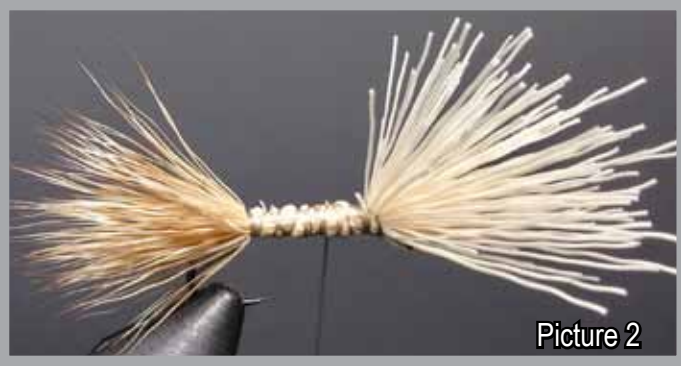
Body: SLF or Superfine dry fly dubbing

Picture 1: Start the thread and put down a solid base to the hook bend and then wrap back to the hook eye leaving just a bit of space.



Picture 1

Picture 2: Cut and clean a small bunch of deer body hair from the hide. After removing the underfur, even the tips in a stacker and set the bundle on top of the hook shank so the tail will measure about half the length of the hook shank. Now tie the bundle firmly just behind the eye but don't let go of the hair in your material hand. Tie the rest of the bundle down moving toward the bend of the hook. Try to keep the bundle on top of the hook shank as much as possible.



Picture 2

Pictures 3: Attach the dry fly hackle by the stem at the front of the tail.



Picture 3

Pictures 4: Create a thin noodle with the dubbing.



Picture 4

Fly Tyer cont.

Picture 5: Wrap forward creating a tight even body.



Picture 6: Wrap (palmer) the hackle forward and tie off at the base of the hair.



Pictures 7: St Gather and grasp the hair butts with your material hand and cut at an angle to form a small head. At this point I usually trim the hackles flush at the bottom (only). This allows the fly to sit a bit lower in the water and ensures the fly lands with the hook point down.



I plan to demonstrate this fly at the next meeting so stop by if you have any questions.

If you have any suggestions for future articles or if you would be interested in contributing a future article, please let us know. It's not difficult and I'd be glad to assist with the photography or layout.

Club Sponsors

The following individuals who made presentations to our club in 2017/2018. Please follow the links to get more information on the services they provide. You won't be disappointed.

Marcus Rodriquez – <http://livingwatersflyfishing.com/> Central Texas Guide

Capt. Billy Trimble – <http://trimbleflyfishing.com/> Fly Fishing Rockport/Texas Coastal Bend

Chris Johnson – <http://livingwatersflyfishing.com/> Living Waters Fly Shop and Central Texas Guide

Pat Dorsey – <http://www.bluequillangler.com/> Fly Fishing Colorado

Capt. Scott Hamilton – <http://www.flyfishingextremes.com/> Fly Fishing Florida's Atlantic Coast

Capt. Eric Glass – <http://www.captainericglass.com/> Fly Fishing South Padre Island

Kevin Stubbs – <http://www.expedition-outfitters.net/> Fly Fishing the Devils River

Kevin Hutchison – <http://hillcountryflyfishers.com/> Fly Fishing the Hill Country

Capt. Steve Soulé – <http://www.theshallowist.com/index.asp> Fly Fishing Galveston

Jeff Davis – <http://allwaterguides.com/jeff-davis/> Fly Fishig the lower Colorado River

Jud Cole – <http://centraltexasflyfishing.com/> Central Texas and Colorado

Capt. Rus Schwausch – <http://www.epicanglingadventure.com/> Fly Fishing Southwest Alaska

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Capt. Billy Trimble
Shallow Water Flats Fishing
Texas Coastal Bend

<http://trimbleflyfishing.com/>
361-205-1266



Capt. Scott Hamilton
Fly Fish Jupiter, Florida

[http://www.flyfishingextremes.com/
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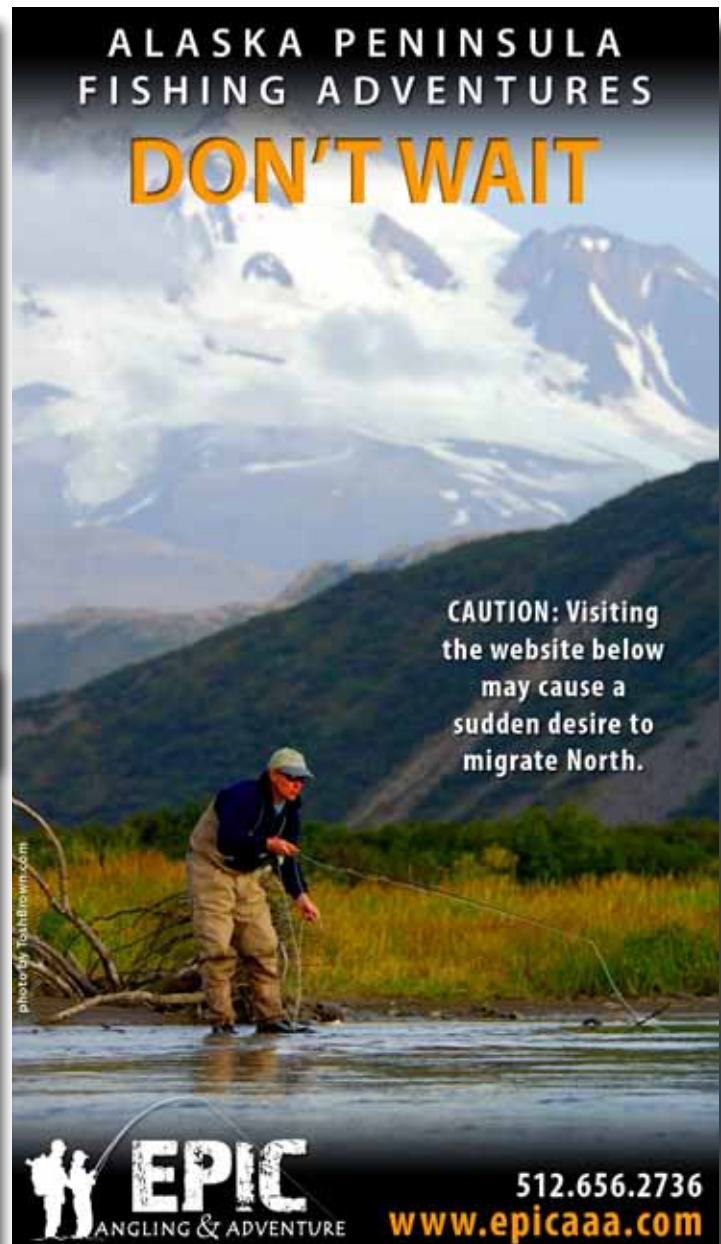
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